

THE MONTHLY
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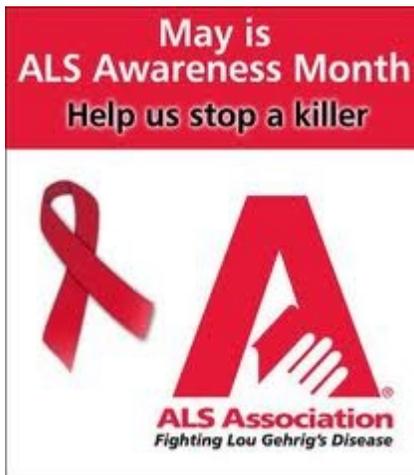


May is Amyotrophic Lateral Sclerosis (ALS) Awareness Month

Five Things to Know about ALS

1. Amyotrophic Lateral Sclerosis (ALS), often referred to as "Lou Gehrig's Disease," is a progressive neurodegenerative disease that affects nerve cells in the brain and the spinal cord.
2. ALS is not contagious. It is important to remember that ALS is a quite variable disease; no two people will have the same journey or experiences.
3. Approximately 5,600 people in the U.S. are diagnosed with ALS each year. The incidence of ALS is two per 100,000 people, and it is estimated that as many as 30,000 Americans may have the disease at any given time.

4. Although the life expectancy of an ALS patient averages about two to five years from the time of diagnosis, this disease is variable and many people live with quality for five years and more. More than half of all patients live more than three years after diagnosis.
5. There are significant devices and therapies that can manage the symptoms of ALS that help people maintain as much independence as possible and prolong survival.



Specialized Home Care for ALS patients

At HisGrip Home Care we have extensive experience taking care of people living with ALS (pALS). Here is what one of our clients, a well known ALS patient advocate says about us,

"For anyone that is in the need for honest, hardworking and compassionate home care you will find no better care than with Nike Aremu and her team at

HisGrip Home Care. I personally had the good fortune of one of their staff helping me at my home after I had an extensive hospital stay. As an ALS patient and advocate, I have seen firsthand the nurturing care that Nike and her staff have provided to ALS patients. You can be confident that His Grip Home Care will provide you with a trustworthy, quality individual to meet your home healthcare needs." ~ Ted Harada

Please contact us at 470 395 1180 or by email at info@hisgriphomecare.com for more information including a FREE home assessment.